



Town Council

100 Old River Road
Lincoln, RI 02865

SCHEDULED

REPORT 2017-30

Monthly Report: Human Services

Lincoln Senior Center

Total Meals Served 745
Total Participants 699
Total New Participants 8

Transportation/Participants

To Activities 36 participants 459 times

Weekly Activities/Total Participants

Bingo 72 participants 208 times
Ballroom Dancing 15 participants 42 times
Mah Jong Lessons 17 participants 44 times
Calligraphy 15 participants 35 times
Cardio Sculpt 42 participants 76 times
Cardio Strength 41 participants 74 times
Computer Classes
Cribbage 20 participants 56 times
Beginner Zumba 47 participants 94 times
Meditation 15 participants 31 times
Brains and Balance 22 participants 49 times
Watercolor Art 13 participants 29 times
Country Line Dance 21 participants 58 times
Chair Yoga 69 participants 138 times
Mahjong 9 participants 15 times
Mighty Muscles 107 participants 210 times
Ukulele 29 participants 56 times
Quilting 12 participants 27 times
Hula Hoop 11 participants 29 times
Tai Chi 30 participants 54 times
Sit and Be Fit 61 participants 112 times
Beginner Line Dance 44 participants 100 times
Line Dance 25 participants 52 times
Arthritis 100 participants 197 times
Acrylic Art Classes 8 participants 14 times
Knitting Circle 17 participants 35 times
Open Art Studio 14 participants 30 times

Card players 32 participants 102 times
Yoga 34 participants 90 times
Zumba Gold 47 participants 103 times
Movement for Wellness 37 participants 85 times
Irma's Workout 62 participants 147 times
Alzheimer's Support Group 4 participants 4 times

Other Trips and Activities/Participants

URI school of Pharmacy presentation 24 participants 24 times
Memory Screening 14 participants 14 times
Trip to Foxwoods 77 participants 77 times
Davies Cosmetology dept. 14 participants 14 times

Submitted by: Administrator T. Joseph Almond