



Town Council

100 Old River Road
Lincoln, RI 02865

SCHEDULED

REPORT 2017-45

Monthly Report: Human Services

Lincoln Senior Center

Total Meals Served 720
Total Participants 720
Total New Participants 3

Transportation/Participants

To Activities 33 participants 501 times

Weekly Activities/Total Participants

Alzheimer's Support Group 1 participants 1 times
Zumba Gold 47 participants 109 times
Chair Yoga 86 participants 205 times
Calligraphy 10 participants 27 times
Watercolor 11 participants 28 times
Ballroom Dancing 18 participants 45 times
Line Dance 17 participants 48 times
Beginner Line Dance 39 participants 95 times
Irma's Workout 58 participants 134 times
Bingo 74 participants 199 times
Intermediate Line Dance 10 participants 17 times
Country Line Dance 12 participants 21 times
Meditation 24 participants 36 times
Cardio Sculpt 46 participants 99 times
Mah Jong 15 participants 43 times
Tai Chi 34 participants 58 times
Ukulele 30 participants 76 times
Mighty Muscles 90 participants 196 times
Cardio Strength 4 participants 122 times
Yoga 53 participants 149 times
Knitting Circle 9 participants 30 times
Cribbage 22 participants 63 times
Acrylic Art 4 participants 4 times
Beginner Zumba 52 participants 1224 times
Movement for Wellness 59 participants 130 times
Chair Yoga 86 participants 205 times

Mahjong Lessons 25 participants 78 times
Card Players 37 players 105 times
Bridge 31 participants 68 times
Arthritis Class 110 participants 232 times
Quilting 13 participants 31 times
Open Art Studio 12 participants 32 times
Basic Hula Hoop 8 participants 20 tiimes
Sit and Be Fit 62 participants 145 times

Other Trips and Activities/Participants
Insight Support Group 7 participants 7 times
Movie Day 12 participants 12times
Lighthouse Cooking demo 22 participants 22 times
Golden Crest ice cream social 47 participants 47 times
Shred a thon 41 participants 41 times
Trip to Foxwoods 92 participants 92 times
Trip to the Tall Ships 50 participants 50 times

Submitted by: Administrator T. Joseph Almond